



HERSHEY CENTER FOR
HEALTH & NUTRITION®

Product Spotlight

HERSHEY'S BLISS Dark Chocolate & HERSHEY'S BLISS Milk Chocolate

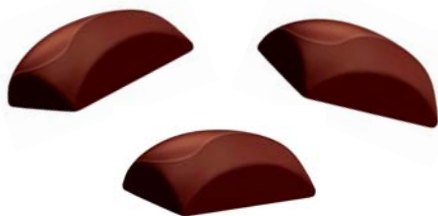
Only HERSHEY'S can indulge your chocolate passion with something that's simply Bliss!

HERSHEY'S BLISS Chocolate is for those who appreciate the every day joys of chocolate.

Smooth, creamy HERSHEY'S BLISS Chocolate gives you an indulgent just-for-you experience every time, with a rich taste you'll want to savor.

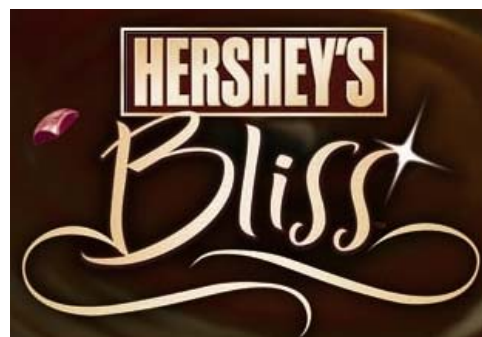
HERSHEY'S BLISS Chocolate is available in Milk Chocolate, Dark Chocolate and Milk Chocolate with a Meltaway Center.

Eating 3 pieces of HERSHEY'S BLISS Dark Chocolate is a perfect 100 calorie treat!



3 pieces of
HERSHEY'S
BLISS Dark
Chocolate is 100
calories!

Like most indulgent treats,
HERSHEY'S BLISS Chocolate
should be enjoyed in moderation.



HERSHEY'S BLISS Dark Chocolate

Nutrition Facts	
Serving Size 6 pieces (43g)	
Amount Per Serving	
Calories 210	Calories from Fat 120
	% Daily Value*
Total Fat 14g	22%
Saturated Fat 9g	45%
Trans Fat 0g	
Cholesterol < 5mg	1%
Sodium 10mg	0%
Total Carbohydrate 25g	8%
Dietary Fiber 3g	12%
Sugars 20g	
Protein 3g	
Vitamin A 0%	Vitamin C 0%
Calcium 0%	Iron 10%
*Percent Daily Values are based on a 2,000 calorie diet.	

HERSHEY'S BLISS Milk Chocolate

Nutrition Facts	
Serving Size 6 pieces (43g)	
Amount Per Serving	
Calories 210	Calories from Fat 120
	% Daily Value*
Total Fat 14g	22%
Saturated Fat 9g	45%
Trans Fat 0g	
Cholesterol 5mg	2%
Sodium 40mg	2%
Total Carbohydrate 24g	8%
Dietary Fiber 1g	4%
Sugars 22g	
Protein 3g	
Vitamin A 0%	Vitamin C 0%
Calcium 8%	Iron 4%
*Percent Daily Values are based on a 2,000 calorie diet.	